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# **Resveratrol-Selenium Nanoparticles Alleviate Neuroinflammation** and Neurotoxicity in a Rat Model of Alzheimer's Disease by Regulating Sirt1/miRNA-134/GSK3ß Expression

Omayma A. R. Abozaid<sup>1</sup> · Mohsen W. Sallam<sup>1</sup> · Sawsan El-Sonbaty<sup>2</sup> · Samy Aziza<sup>1</sup> · Basma Emad<sup>3</sup> · Esraa S. A. Ahmed<sup>4</sup>

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# Abstract

Alzheimer's disease (AD) is a brain disorder associated with a gradual weakening in neurocognitive functions, neuroinflammation, and impaired signaling pathways. Resveratrol (RSV) has neuroprotective properties, but with low bioavailability, and low solubility in vivo. Selenium (Se) is an essential micronutrient for brain function. Thus, this study aimed to evaluate the role of formulated RSV-Se nanoparticles (RSV-SeNPs) on neurochemical and histopathological approaches associated with the AD model in rats induced by Aluminumchloride (AlCl<sub>3</sub>) at a dose of 100 mg/kg/day for 60 days. RSV-SeNPs supplementation attenuates the impaired oxidative markers and mitochondrial dysfunction. The ameliorative effect of RSV-SeNPs on cholinergic deficits was associated with clearance of amyloid  $\beta$  (A $\beta$ ). Furthermore, activation of phosphatidylinositol 3 kinase (PI3K) deactivates glycogen synthase kinase 3 beta (GSK-3β)-mediated tau hyperphosphorylation. Additionally, RSV-SeNPs downregulate signal transducer and activator of transcription (STAT3) expression as well as interleukin-1 $\beta$  (IL-1 $\beta$ ) levels, therefore alleviating neuroinflammation in AD. Moreover, RSV-SeNPs upregulate the expression of Sirtuin-1 (SIRT1) and lower that of microRNA-134, consequently increasing neurite outgrowth. Eventually, the obtained results showed that nano-formulation of resveratrol with selenium maximized the therapeutic potential of RSV against Alzheimer's disease not only by their antioxidant but also by anti-inflammatory effect improving the neurocognitive function and modulating the signaling pathways.

Keywords Aluminum, Alzheimer's disease · Resveratrol · Selenium · Neurotoxicity · Neuroinflammation · SIRT1 · miR-134

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#### Abbreviations

		oner	onteam
Al	Aluminum	AlCl <sub>3</sub>	aluminum ch
AD	Alzheimer's disease	MDA	malondialde
Αβ	Amyloid β	CAT	catalase
MSCs	mesenchymal stem cells	$H_2O_2$	hydrogen per

Esraa S. A. Ahmed esraa.tamim@yahoo.com; esraa.tamim@eaea.org.eg

Omayma A. R. Abozaid omayma\_ragab55@yahoo.com

Mohsen W. Sallam mohsensallam55@gmail.com

Sawsan El-Sonbaty sawsan.sonbaty@eaea.org.eg

Samv Aziza samy.Aziza@fvtm.bu.edu.eg

Basma Emad Basma.emad@kasralainy.edu.eg

- 1 Biochemistry Department, Faculty of Veterinary Medicine, Benha University, Benha, Egypt
- 2 National Center for Radiation Research and Technology, Atomic Energy Authority, Cairo, Egypt
- 3 Anatomy and Embryology Department, Faculty of Medicine, Cairo University, Cairo, Egypt
- 4 Radiation Biology, National Center for Radiation Research and Technology, Atomic Energy Authority, Nasr City, Cairo 11787, Egypt

GSH	glutathione
IL-1β	interleukin-1β
ANOVA	one-way analysis of variance
LSD	least significant difference
SE	standard error
STAT3	signal transducer and activator of transcription
PI3K	phosphatidylinositol 3 kinase
GSK3β	glycogen synthase kinase 3 beta
MiR-134	microRNA- 134

# Introduction

Aluminum (Al) is a prevalent environmental and industrial toxin [1]. The prolonged exposure and use of the Al in daily life through inhalation, ingestion of food, drinking water, drugs, and during hemodialysis and vaccination increase its intoxications in the human body. Al causes toxicity in various organs including the liver and most importantly in the nervous system such as Alzheimer's disease (AD) [2]. AD is a neurodegenerative disorder characterized by a progressive decline of cognitive function and the loss of synapsis and neurons involved in learning and memory. In AD, the neurotoxicity and pathogenesis are mainly correlated to the extreme accumulation of misfolded proteins (hyper-phosphorylated tau protein and amyloid  $\beta$  (A $\beta$ ) [3, 4], oxidative stress injury, mitochondrial dysfunction, neuroinflammation, and impaired signaling pathways [5]. Aluminum chloride provokes neurotoxicity through accumulation in several areas of the brain leading to the accumulation of the most essential biomarkers for AD pathology p-tau and A $\beta$  [6]. Moreover, its ability to cross the blood-brain barrier (BBB), impair the cholinergic neurotransmitters, induce oxidative stress and neuroinflammation along with causing brain damage and neuron apoptosis leading to synaptic plasticity abnormalities and memory loss [7].

Resveratrol (RSV) (trans-3,4,5-trihydroxystilbene) is a naturally polyphenolic phytoalexin with a stilbene structure. A large amount of RSV can be found in multiple plants, including peanuts, eucalyptus, blueberries, cranberries, and grapes [8]. Resveratrol can exhibit antioxidative, anti-inflammatory, anti-neurodegenerative, and neuroprotection via neutralizing the A $\beta$  aggregation and its oxidative effects [9, 10]. Resveratrol interacts with numerous cellular targets, such as signaling molecules. In this way, resveratrol activates several transcription factors, inhibits several protein kinases, and downregulates the expression of inflammatory biomolecules [11].

The lower bioavailability and solubility of RSV in water minimize its therapeutic potential. Therefore, nano-formulations of RSV with Se markedly improve the bioavailability, absorption, and distribution of RSV. Moreover, nanoparticle formulation effectively protects RSV from oxidation and metabolism in animals [12]. Accordingly, the synergism between RSV and Se (an essential micronutrient for brain function has anti-inflammatory, antioxidant, and ability to attenuate the neurotoxic metals,  $A\beta$  deposition, and p-tau proteins) has a powerful neuroprotective effect [13]. Consequently, this study aims to evaluate the possible neuroprotective efficiency of resveratrol selenium nanoparticles on neurochemical and histopathological changes in a rat model of Alzheimer's disease.

# **Materials and Methods**

### Materials

**Chemicals** Aluminum chloride (AlCl<sub>3</sub>) was purchased from El Gomhoria Company (Cairo, Egypt).

Selenium dioxide  $(Na_2SeO_3)$  and resveratrol were purchased from Sigma-Aldrich Co. All other chemicals used in the study were of analytical reagent grade.

### Methods

#### Preparation and Characterization of RSV-SeNPs

The synthesis of RSV-SeNPs solution (10 mM) was freshly prepared in Milli-Q water. A 10 mM Na<sub>2</sub>SeO<sub>3</sub> solution was prepared. First, a varied volume of 10 mM RSV solution was added dropwise into 1 mL of 10 mM Na<sub>2</sub>SeO<sub>3</sub> solution, and the mixture was further diluted to10 mL with Milli-Q water. The mixed solution was heated to 70 °C. The final concentration of Na<sub>2</sub>SeO<sub>3</sub> was 1.0 mM. Excess RSV and Na<sub>2</sub>SeO<sub>3</sub> were removed by dialysis for 24 h [14].

The particular size and concentration of the prepared Nano is important for the biomedical application of the nanoparticles. The morphology of RSV-SeNPs was characterized by transmission electron microscopy (TEM, JEOL; model JEM2100, Japan). A sample of RSV-SeNPs was analysed through dynamic light scattering (DLS) and the particle size distribution was recorded on the ZetaSizer Nano ZS particle analyser (Malvern Instruments Limited). The surface composition and the functional groups of prepared nanoparticles were analysed using Fourier transform infrared spectroscopy (FTIR, Equinox 55 IR spectrometer). For the ultraviolet–visible absorption (UV/Vis) spectroscopy, the RSV- SeNPs sample was scanned using Shimadzu 1700 UV–Vis spectrophotometer.

**Experimental Animals** Thirty male Wistar rats (6–7 weeks) were purchased from the Animal Research Institute (Cairo, Egypt). Throughout the experimental period, rats were

allowed ad libitum access to food and water and housed under the same laboratory conditions with a light/dark cycle of 12 h, humidity of  $50 \pm 15\%$ , and temperature of  $22 \pm 2$  °C. All experimental procedures were performed in compliance with the standards and guidelines of the National Research Centre Ethics Committee, issued by the US National Institutes of Health, "Guide for the treatment and use of laboratory animals" for the use and protection of experimental animals (NIH publication no. 85–23, 1996).

#### Determination the LD<sub>50</sub> of RSV-SeNPs

The determination of the  $LD_{50}$  of RSV-SeNPs administered orally was carried out on male Wistar rats according to Reed and Muench [15]. For the determination of acute lethal dose  $(LD_{100})$  and median lethal dose  $(LD_{50})$  of RSV-SeNPs, doses that were used were 100, 300, 500, 700, 1000, and 1500 mg/ kg body weight. Mortality was recorded after 24 h, and  $LD_{50}$ was calculated as follows:

#### **Biochemical Estimations**

Estimation of oxidative stress markers lipid peroxidation (LPO) was assessed according to the Yoshioka et al. [17] method as malondialdehyde (MDA) levels and is recorded in the brain as  $\mu$ mol/g. The activity of brain catalase (CAT) was determined as H<sub>2</sub>O<sub>2</sub> consumption according to the Sinha [18] method and is expressed as brain  $\mu$ mol/min/g. Reduced glutathione (GSH) content was measured according to the Beutler et al. [19] method and is recorded as  $\mu$ mol/g in the brain.

Estimation of Amyloid  $\beta$  and Tau Proteins Amyloid  $\beta$ -protein (A $\beta$ ) and phosphorylated tau protein (p-tau) concentrations were determined by rat amyloid betapeptide 1–42 and rat phospho tau protein (PTAU) ELISA kit respectively according to the manufacture's instruction (MyBioSource Inc., San Diego, California, USA).

 $Log LD_{50} = Log LD$  next below 50% + (Log increasing factor × proportionate distance).

Proportionate distance =  $\frac{50\% - \text{mortality next below } 50\%}{\% \text{ mortality above } 50\% - \text{mortality next below } 50\%}$ 

#### Induction of AD and Treatments

For induction of the AD model,  $AlCl_3$  was dissolved in distilled water, and the animals were given 0.5 mL of  $AlCl_3$ solution at a dose of 100 mg/kg/day for 60 days [16]. Meanwhile, after induction of the AD, rats that treated with RSV-SeNPs at a dose of 200 mg/kg/day via gavage for 8 weeks.

#### **Experimental design**

After 5 days of acclimatization, the rats (100–150 g) were randomly divided into three groups (n = 10 per group) as follows:

- I. Normal control group
- II. AD group: in which rats were gavaged with AlCl<sub>3</sub>
- III. AD + RSV-SeNPs: in which rats were administered with  $AlCl_3$  and then were treated with RSV-SeNPs

At the end of the experiment, animals were sacrificed under diethyl ether anesthesia. An incision was made on the dorsal side of the skull, and the brains were collected, cleaned, and washed with saline (0.9% sodium chloride) and stored at -80 °C for different estimates of biochemical parameters. Some brain tissues were rinsed in 10% neutralized formalin for histopathological examination. Determination of interleukin-1 $\beta$  (IL-1 $\beta$ ) levels was estimated using the required ELISA kit according to the protocols provided by the manufacturers (RayBiotech Life, USA). Acetylcholine concentrations were determined using the fast detect acetylcholine (ACh) (rat) ELISA kit (BioVision, Inc. San Francisco, Milpitas, USA).

#### Western Immunoblotting

Using a TRIzol Reagent, brain tissue proteins were extracted, and protein concentrations were quantified using the Bradford method [20]. With 10% SDS-PAGE, 20 µg protein per lane was isolated and transferred to polyvinylidene difluoride membranes. Following 2-h incubation with Trisbuffered saline (10 mM Tris-Cl, pH 7.5, 100 mM NaCl) containing 5% nonfat-dried milk and 0.1% Tween 20, the membrane was checked as a loading control with primary antibodies to PI3K, STAT3, and GSK3β with β-actin. After washing, the membranes were washed for 2 h at room temperature with secondary monoclonal antibodies conjugated with horseradish peroxidase, and then the membranes were washed four times with the same washing buffer. Membranes were developed and visualized using the Amersham detection kit using chemiluminescence according to the manufacturer's protocols and then exposed to X-ray film. Primary

and secondary antibodies were purchased from Cell Signalling Technologies, USA. PI3K, mTOR, STAT3, and GSK3 $\beta$ proteins were quantified using a scanning laser densitometer by densitometric examination of the autoradiograms (Biomed Instrument Inc., USA). Results were expressed as arbitrary units after normalization for  $\beta$ -actin.

#### **Molecular Investigation**

Determination of mRNA gene expression of SIRT1 and MiRNA-134 by quantitative Real-Time PCR (qRT-PCR).

Real-Time PCR (qRT-PCR) in brain tissues RNA isolation and reverse transcription: The change in SIRT1 and MiRNA-134 mRNA expressions was investigated. Total RNA was isolated from 30 mg of brain tissue using the manufacturer's instructions for the TRIzol Reagent (Life Technologies, USA). Then, to validate the integrity of RNA, 1% agarose gel electrophoresis stained with ethidium bromide was used. Reverse transcriptase (Invitrogen) was used to synthesize the first strand of complementary DNA (cDNA) using 1 µg of total RNA as the manufacturer's protocol template.

Quantitative Real-Time Polymerase Chain Reaction (qPCR) In a thermal cycler step one plus (Applied Biosystems, USA), RT-PCRs were performed using the Sequence Detection software (PE Biosystems, CA). In these experiments, Table 1 lists the primer pairs used. A mixture of 25 µl total reaction volume consist of  $2 \times$  SYBR Green PCR Master Mix (Applied Biosystems), 900 nM of each prim, and 2µL of cDNA. The conditions for PCR thermal cycling included an initial step at 95 °C for 5 min, 40 cycles at 95 °C for 20 s, 60 °C for 30 s, and 72 °C for 20 s. The findings were normalized using the β-actin gene at the end of the reaction. The relative expression of the target mRNA was determined using the comparative Ct method [21].

#### **Histopathological Analysis**

In a 10% formaldehyde solution, brain tissues were fixed and were injected using conventional methods into paraffin. The section of brain tissue  $(3 \ \mu m)$  was stained with hematoxylin–eosin (H&E) stain. The stained parts were examined

Table 1 Sequence of the primers used for real-time PCR

Gene symbol	Primers sequence		
SIRT1	F: 5'- TGTTTCCTGTGGGATACCTGA -3 R:5'-TGAAGAATGGTCTTGGGTCTTT -3'		
MiRNA-134	F: 5'- GACTGGCTGTGACTGGTTGACC-3 R: 5'- GTGCAGGGTCCGAGGTATTC -3 '		
β-actin	F: 5' CCAGGCTGGATTGCAGTT3' R: 5'GATCACGAGGTCAGGAGATG3'		

under a light microscope for histopathological alterations at a magnification of  $400 \times .$ 

# **Statistical Analyses**

Using one-way analysis of variance (ANOVA) followed by a post hoc test and then LeastSignificant Difference (LSD) the obtained data were expressed as the mean  $\pm$  SE. The level of significance between the mean values was set at p < 0.05. Statistical Package for Social Science (SPSS) version 20 for Windows (SPSS® Chicago, IL, USA) software program was used to analyze the data.

# Results

# **Characterization of RSV-SeNPs**

The morphological features of RSV-SeNPs were observed on TEM (Fig. 1A). It revealed that SeNPs modified with RSV had a spherical shape. The ultraviolet–visible spectrum of RSV-selenium nanoparticles showed a surface plasmon absorption band with a maximum absorbance at 262.5 nm which can be taken as an indication for SeNPs formation (Fig. 1B). Moreover, as illustrated in Fig. 1C, the DLS analysis and zetasizer showed that the average size of the prepared RSV-SeNPs was between 60 and 90 nm. Additionally, the FTIR spectrum of RSV-SeNPs showed broadband at 3452.99 cm<sup>-1</sup> representing the hydroxyl group (Fig. 1D).

# **Results of LD50 of RSV-SeNPs**

From the results of  $LD_{50}$ , the concentration of the prepared RSV-SeNPs was found to be 200 mg/kg body weight for the oral treatment. This dose did not cause any side effects.

# Effect of RSV-SeNPs on Brain Oxidative Stress Status in the AD Rat Model

AlCl<sub>3</sub> induces severe toxicity in the brain tissues leading to mitochondrial dysfunction and oxidative stress. Statistical data in Table 2 indicate a significant increase in the brain lipid peroxidation (MDA) along with a reduction in the GSH content and catalase activities in AlCl<sub>3</sub>-treated group. However, treatment with RSV-SeNPs significantly reduced MDA level and improved GSH content and CAT activity respectively in the brain when compared to AlCl<sub>3</sub>-treated animals.

# Effect of RSV-SeNPs on A $\beta$ -42 and Tau Proteins Concentrations in the Brain of the AD Rat Model

Changes in the levels of the most essential biomarkers for AD pathology,  $A\beta$ -42 and p-tau in the brain tissues, are



Fig. 1 A TEM images of RSV-SeNPs, B the ultraviolet-visible spectrum of RSV-SeNPs, C DLS analysis for size determination of RSV-SeNPs, and D FT-IR spectrums of RSV-SeNPs

represented in Fig. 2, which indicates that  $AlCl_3$  significantly increased the levels of both A $\beta$ -42 and p-tau in the brain tissues as compared to the control group. Alternatively, treatment with RSV-SeNPs markedly reduced the accumulation of the A $\beta$ -42 and p-tau protein in the brain tissues of the AD rat model.

# Effects of RSV-SeNPs on Neuroinflammatory Markers

Neuroinflammation results from the accumulation of  $A\beta$ -42 and p-tau in the brain tissues, causing degeneration and neuronal cell death. As shown in Fig. 3A, the levels of IL-1 $\beta$ 

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Table 2 Effect of RSV-SeNPs on brain oxidative stress status

Groups	Parameters			
	$\frac{\text{MDA} \pm \text{SE}}{(\mu \text{mol/g})}$	$\begin{array}{l} \text{GSH} \pm \text{SE} \\ (\mu \text{mol/g}) \end{array}$	$CAT \pm S E  \mu mol/min/g)$	
Control	$34.8 \pm 4.3^{bc}$	$65.6 \pm 6.0.3^{bc}$	$139 \pm 5.1^{bc}$	
AD	$110.7 \pm 8.0^{\mathrm{ac}}$	$23.9\pm3.0^{\rm ac}$	$70.2 \pm 2.8^{\mathrm{ac}}$	
AD+RSV-SeNPs	$80.6 \pm 5.1^{ab}$	$38.9 \pm 3.7^{ab}$	$109 \pm 4.5^{ab}$	

Values were expressed as means  $\pm$  SE (n=6). a, b, and c denote significant change at p < 0.05 versus control, AD, and RSV-SeNPs groups, respectively

in the brains of the AlCl<sub>3</sub>-treated rats were significantly increased compared to the control rats. Meanwhile, treatment with RSV-SeNPs inhibits the release of IL-1 $\beta$ . Additionally, the Western blot data showed upregulated levels of pSTAT3 in the brain tissue of rats administered with AlCl<sub>3</sub> compared to the control group. On contrary, lower expression of pSTAT3 was detected in the RSV-SeNPs-treated group as shown in Fig. 3B. Hence, these results suggest that RSV-SeNPs suppress the inflammatory response in the brain via the inhibition of neuroinflammatory mediators.



**Fig. 4** Effects of RSV-SeNPs on Ach in the brain tissues. Data are presented as the means  $\pm$  SE. a, b, and c denote significant change at p < 0.05 versus control, AD and RSV-SeNPs groups, respectively

# RSV-SeNPs Treatment Improve the Cholinergic Neurotransmitter (ACh) Levels in the Brain of the AD Rat Model

Cholinergic neurotransmitters play a critical role in nearly every bodily function, ranging from muscle contraction, heart rate, gland secretion, inflammation, cognition, learning, memory, and stress response. However, impairment of the cholinergic system is implicated in AD progression. The current data revealed a statistically significant decrease in the acetylcholine (ACh) concentration in the brain tissues

Fig. 2 Effects of RSV-SeNPs on A $\beta$ -42 and p-tau in the brain tissues. Data are presented as the means  $\pm$  SE. a, b, and c denote significant change at p < 0.05 versus control, AD and RSV-SeNPs groups, respectively

Fig. 3 Effect of RSV-SeNPs on AlCl<sub>3</sub>-induced neuroinflammation, **A** IL-1 $\beta$  and **B** phosphorylated STAT3 in the brain tissues. Western blotting of STAT3 and  $\beta$ -actin (upper panel), quantitative Western blotting analysis of STAT3 and  $\beta$ -actin protein level (lower panel). Data are presented as the means ± SE. a, b, and c denote significant change at p < 0.05 versus control, AD and RSV-SeNPs groups, respectively





**Fig. 5** RSV-SeNPs increase phosphorylation of the PI3K and GSK-3 $\beta$  proteins. Western blotting of PI3K, GSK-3 $\beta$ , and  $\beta$ -actin (**A**), quantitative Western blotting analysis of PI3K (**B**), GSK-3 $\beta$  (**C**), and

of the  $AlCl_3$  group compared to the control. On the other hand, treatment with RSV-SeNPs significantly increased ACh concentration in the brain (Fig. 4).

# Effects of RSV-SeNPs on the PI3K/and GSK-3β

The neurotoxic effect of Al was shown to be dependent on PI3K/and GSK-3 $\beta$  activity. In the present study, Western blot analysis was used to detect the expression of the p-PI3K and p-GSK-3 $\beta$  proteins in the brain tissues of the rats. As shown in Fig. 5, AlCl<sub>3</sub> remarkably downregulated the expression of both p-PI3K and p-GSK-3 $\beta$  in the brain tissues as compared to the control group. Alternatively, supplementation with RSV-SeNPs effectively upregulated p-PI3K expression as

 $\beta$ -actin protein level. Data are presented as the means  $\pm$  SE. a, b, and c denote significant change at *p* < 0.05 versus control, AD and RSV-SeNPs groups, respectively

well as inhibited the activation of GSK-3 $\beta$  via increasing the expression of p-GSK-3 $\beta$ .

# Effects of RSV-SeNPs on the SIRT1/MiR-134 Gene Expression

MicroRNAs (miRNAs) are important regulators of synaptic plasticity and it was found that many miRNAs are dysregulated in the human AD brain, especially miR-134 (a brain-specific miRNA). MiR-134 was shown to mediate synaptic plasticity via Sirtuin1 (SIRT1). In the current study, the gene expression of SIRT1 was significantly reduced, whereas that of MiR-134 was increased in the brain tissues of AD compared to the control group. On the other hand, treatment with RSV-SeNPs markedly reversed these results via upregulation

Fig. 6 Quantitative RT-PCR analysis of the mRNA level of SIRT1 and MiR-134. Data are presented as the means  $\pm$  SE. a, b, and c denote significant change at p < 0.05 versus control, AD and RSV-SeNPs groups, respectively





Fig. 7 Photo micrographic sections of brain tissue. Figure a1 represents control, showing normal dentate gyrus with normal limbs (suprapyramidal (SP) and infra-pyramidal (IP)), crest (C), and hilus (H). a2 CA1 region of the hippocampus with healthy outer polymorphic layer (PL), middle pyramidal (P), and inner molecular (M) layers. Figure b1 represents the Alzheimer group showing dentate gyrus with vacuolations (curved arrows) invading the suprapyramidal limb. b2 multiple cotton wool plaques (pathognomonic of Alzheimer disease) (arrows). Figure c1 represents the RSV-SeNPs-treated group showing the increased neuronal density of the suprapyramidal (SP) limbs of the dentate gyrus with residual dark neurons (arrows). c2 Healthy CA1 region of hippocampus except for a few shrunken pyramidal nerve cells with darkly stained cytoplasm and lost nuclear details (curved arrows). (1)  $H\&E \times 100$ , (2)  $H\&E \times 40$ 



of SIRT1 and downregulation of MiR-134 gene expression (Fig. 6).

# **Histopathological Investigation**

The photomicrograph of the brain tissue section of the control group showed a normal histological structure of the brain with normal neuronal morphology (hippocampus) (Fig. 7a1 and a2). On the other hand, the photomicrographs of brain tissue sections of the AD group showed various sizes of multiple cotton wool amyloid plaques formation in the hippocampus (Fig. 7b1). Moreover, abundant dark neurons, edema, hypoplasia, and neuronal degeneration were observed in Fig. 7b2, thus confirming the neurodegeneration within the hippocampus as compared to the control group, whereas the sections of the AD group treated with RSV-SeNPs showed an increased neuronal density in the dentate gyrus and a healthy CA1 region of the hippocampus (Fig. 7c1 and c2).

# Discussion

The aluminum (Al) hypothesis is the intoxication of the brain with Al through either environmental pollution, widespread use in daily life, or medications [2]. The most affected brain regions are the hippocampus and the frontal cortex, in which Alzheimer's disease (AD) developed [22]. The neuropathology of Alzheimer's disease is associated not only with amyloid-b plaques and neurofibrillary tangles but also several impaired signal pathways due to oxidative stress injury, mitochondrial dysfunction, and inflammation [5, 23]. Therefore, the results revealed disturbances in the gene and protein expression levels of many signaling pathways involved in AD pathology, including GSK-3 $\beta$  and SIRT1/miRNA-134. In harmony with the results of Fang et al. [24] and Yang et al. [25], the excessive accumulation of A $\beta$ -42 and p-tau may be due to an imbalance in the production and clearance of  $\beta$ -amyloid (A $\beta$ ) peptide, together with the inability of hyper p-tau to bind with microtubules, eventually forming neurofibrillary tangles and microtubule disruption. Alternatively, in agreement with Fu et al. [26], resveratrol enhanced the clearance of neurotoxic A $\beta$  peptides and prevented the gathering of lower molecular weight oligomers into larger plaques along with disruption of the preformed A $\beta$  aggregates. Moreover, the RSV-SeNPs showed higher potency in the clearance of the aluminum-induced A $\beta$ 42 aggregation [12], therefore confirming the anti-amyloidogenic effect of resveratrol.

Due to higher  $O_2$  content and polyunsaturated fatty acids along with low antioxidant levels, the brain tissues are exposed to oxidative stress and free radicals [27]. Besides A $\beta$  accumulation, mitochondrial dysfunction causes the overproduction of ROS [28]. Consistent with Lakshmi et al. [29], the impaired redox state in the AD model was accompanied by increased brain lipid peroxidation and depletion of antioxidants, leading to neuronal damage. However, the powerful antioxidant effect of RSV-SeNPs prevents lipid peroxidation, scavenges free radicals and ROS, alleviates mitochondrial membrane disruption, and restores the levels of antioxidant enzymes [30, 31].

Besides the proteinopathy hypothesis, the cholinergic hypothesis revealed a reduction in the acetylcholine neurotransmitter in the AD brain [32]. Previous results of Ramos-Rodriguez et al. [33] reported that the accumulation of Aβ-42 and p-tau was associated with cognitive impairment due to depletion of acetylcholine. Meanwhile, RSV-SeNPs attenuated the declined levels of acetylcholine. In support of this, both Moorthi et al. [34] and Karthick et al. [35] showed that RVS improved memory loss, restored cholinergic neurotransmitters, and repaired cognitive damage through increasing brain-derived neurotrophic factor. Furthermore, Sadek et al. [36] showed that SeNPs alleviate neurotoxicity induced by cadmium via modulation of the cholinergic neurotransmitters. Consequently, nano-formulation of RSV with selenium showed a synergistic effect against aluminum-derived brain-intoxication and neurodegeneration.

Moreover, Field et al. [37] pointed out that cognitive impairments resulted from the interaction between cholinergic deficits and neuroinflammation. Prolonged activation of microglia by A $\beta$  triggers neuroinflammatory signals and release of pro-inflammatory mediators [38, 39]. Abnormal STAT3 phosphorylation was accompanied by IL-1 $\beta$ secretion in Alzheimer's disease. However, inhibition of STAT3 reduced IL-1 $\beta$  levels and alleviated neuroinflammation [40]. Additionally, Yang et al. [25] indicate the involvement of glycogen synthase kinase-3 $\beta$  (GSK-3 $\beta$ ), a downstream kinase of the PI3K/Akt signaling pathway, in neuroinflammation. The deposition of A $\beta$  oligomers and p-tau in neurons was correlated with the inhibition of PI3K/AKT along with over-activation of GSK-3 $\beta$  [41, 42]. In contrast, clearance of A $\beta$  from the brain has a neuroprotective effect via activation of the PI3K-Akt axis and downregulation of GSK-3 $\beta$ .

Interestingly, resveratrol inhibits inflammatory responses in the brains of rats through clearance of A $\beta$  accumulation, lowers the production of pro-inflammatory mediators (IL-1 $\beta$  and STAT3), and neutralizes reactive oxygen species (ROS) [31, 43]. Furthermore, resveratrol suppresses the activation of GSK-3  $\beta$  protein [44] as well as microglial cell-mediated inflammation [45].

Parallel to Yoshiyama et al. [46], SIRT1 deficiency is accompanied with higher levels of IL-1 $\beta$  resulting in synaptic loss and memory deficits associated with AD development. Additionally, Madadi et al. [47] reported that the dysregulation of miRNAs altered the balance between synthesis and clearance of A $\beta$  peptide in AD. On contrary, RSV-SeNPs upregulate the expression of SIRT1 and consequently lower that of miRNA-134.

Collectively, restoring the activity of SIRT1 by RSV [48, 49] activates PI3K/Akt, which in turn downregulated the phosphorylated form GSK3 $\beta$ , therefore increasing neurite outgrowth, improving mitochondrial function, and reducing the production of A $\beta$  peptides and tau phosphorylation [50, 51]. Moreover, upregulation of SIRT1 attenuates the neuroinflammatory response by suppressing the sustained activation of microglia proliferation [52]. Finally, SIRT1 directly promotes synapse plasticity and memory via a miR-134-mediated posttranscriptional mechanism. It cooperates with Yin Yang 1 (YY1) to limit the expression of miR-134 [50].

# Conclusion

In conclusion, the RSV-SeNPs showed a powerful antioxidant and anti-inflammatory effect against neurotoxicity. Furthermore, RSV-SeNPs increase the clearance of misfolded proteins due to their anti-amyloidogenic potential. In addition to ameliorating both neuropathology and neurocognitive functions via improving the cholinergic deficits, RSV-SeNPs modulate various signaling pathways involved in AD pathogenesis. Overall, RSV-SeNPs could be used in the treatment of AD. However, further studies are required to determine the exact underlying mechanisms.

Data Availability All the data are available in the current study.

#### Declarations

**Ethics Approval** The experimental protocol was carried out according to the Guide for the Care and Use of Laboratory Animals (NIH no. 85–23, 1985).

Human and Animal Rights All the ethical protocols for animal treatment were followed by the National Institutes of Health Guide for the Care and Use of Laboratory Animals and supervised by the animal facilities, National Centre for Radiation Research and Technology, Atomic Energy Authority.

Conflict of Interest The authors declare no competing interests.

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